

PARC'D  
.....Up!

- CATERING & EVENTS -



PARC DELI

..... CEGIN - KITCHEN .....

## **BUFFET CATERING MENU 2026**

Parc Deli catering brings handmade sandwiches, platters and buffets to your workplace or event — made fresh each morning in our Cardiff kitchen



## ABOUT US

Launched in 2015, Parc Deli specialises in simple, fresh and great-quality food made using freshly baked bread and carefully prepared ingredients.

From everyday working lunches to larger buffet orders, we're known for our reliable service and our ability to prepare catering at short notice.



Our menus are flavour-led and flexible, giving you the freedom to tailor your catering to suit your guests and occasion



All of our catering is presented using biodegradable or recyclable packaging. We source ingredients ethically and work closely with local suppliers



-  Freshly prepared food, made daily in our Cardiff kitchen
-  Friendly, reliable service from a team who cares
-  Flexible options to suit every meeting or event
-  Always happy to help – even with last-minute orders!

 07707243399

 [INFO@PARCDELI.COM](mailto:INFO@PARCDELI.COM)

 [WWW.PARCDELI.COM](http://WWW.PARCDELI.COM)

# ORDERING & DELIVERY INFORMATION

## ORDER HERE

Orders can be placed online via [www.parcdeli.com](http://www.parcdeli.com), by email, or by arrangement with our catering team.

Large or complex orders may require additional consultation prior to confirmation.



### Order Confirmation

All catering orders are subject to availability and are only confirmed once written confirmation has been received from Parc Deli.

### Minimum Orders

A minimum catering order value of £100 applies to all deliveries unless otherwise stated within the menu.

Certain items and menus may have individual minimum quantities

### Ordering Deadlines

To ensure quality preparation and staffing arrangements, we kindly request:

- Cold buffets & sandwich platters: minimum 48 hours' notice
- Hot buffets: minimum 72 hours' notice
- Large events (80+ guests): 7+ days' notice recommended

Short-notice orders may occasionally be accommodated depending on availability.

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# DELIVERY SERVICE & INFORMATION



## **Delivery Timing**

Delivered within a one-hour window prior to your requested serving time, ensuring food arrives fresh and ready to serve



## **Final Numbers**

Guest numbers and dietary requirements must be confirmed no later than 48 hours before delivery.



## **Delivery Access**

Please provide access details, parking information or reception instructions when ordering.



## **After Delivery**

Catering is supplied ready for self-service. Responsibility transfers to the customer once delivered.



## **Payment**

Payment terms are confirmed at the time of booking. First-time customers may require payment prior to delivery.



## **Cancellation Policy**

We understand plans can change. Orders cancelled within 72 hours of delivery may incur charges, as food preparation and staffing will already be in place.



## **Seasonal Availability**

Menus may occasionally change due to seasonal ingredients or supplier availability.



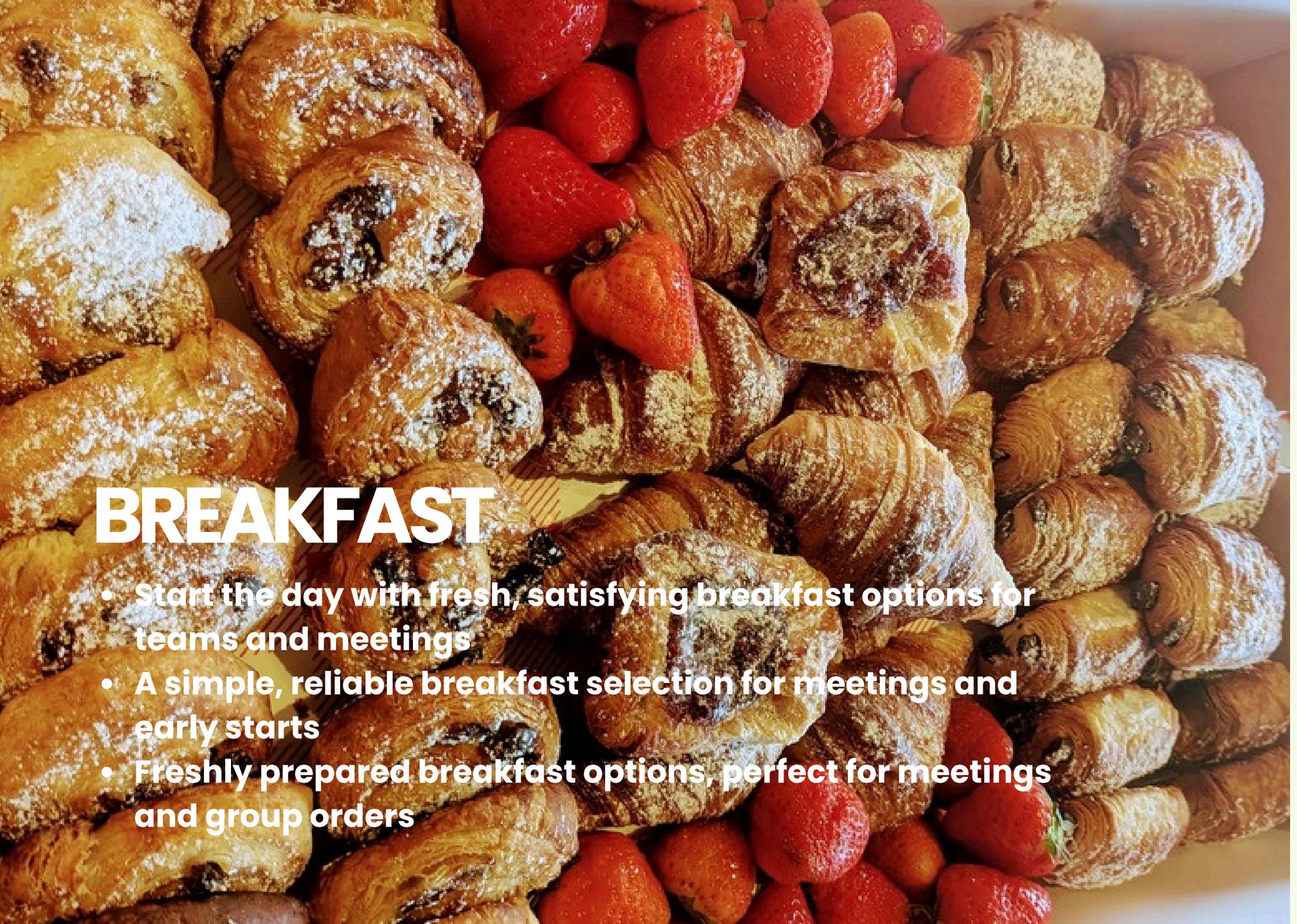
## DIETARY & ALLERGENS

Dietary and allergen requirements can be an important part of placing a catering order, particularly where health, cultural or religious needs are involved. Parc Deli operates a deli-style kitchen where all allergens are present. While we take care to minimise the risk of cross-contamination, we are unable to guarantee that any item is 100% free from a specific allergen.

To ensure clarity and safety, the responsibility for selecting suitable menu items rests with the person placing the order. We are unable to make dietary, allergen or ingredient choices on behalf of customers.

Allergen information is provided with buffet deliveries to support informed decision-making. Where required, we can prepare individual meals for guests with specific dietary requirements, which are packaged separately and clearly labelled.

If a guest has a severe food allergy, we ask that you contact us prior to placing your order so we can discuss this with you directly.



# **BREAKFAST**

- **Start the day with fresh, satisfying breakfast options for teams and meetings**
- **A simple, reliable breakfast selection for meetings and early starts**
- **Freshly prepared breakfast options, perfect for meetings and group orders**

# BREAKFAST CATERING

Freshly prepared breakfast options delivered across Cardiff

£100 MINIMUM ORDER

## MOST POPULAR

### MORNING ESSENTIALS

£6.95 pp +VAT

- ✓ Fresh fruit platter
- ✓ 1 Danish Pastry per person
- ✓ Orange Juice (250ml) per person
- ✓ Disposable plates & napkins

Minimum 15 guests | Total: £125.10 inc VAT

## PREMIUM

### SOCIAL BREAKFAST

£12.95 pp +VAT

- ✓ Selection of freshly baked breakfast pastries
- ✓ Freshly baked rolls with smoked back bacon, smoked salmon & cream cheese, and Emmental cheese & tomato
- ✓ Orange Juice bottles (250ml)
- ✓ Fruit Pots

15 guests | Total: £233.20 inc VAT

## HOT BREAKFAST

### BREAKFAST ROLLS

£5.75 pp +VAT

Bacon bun (40%), Sausage bun (40%),  
Vegetarian sausage bun (20%)

Supplied with napkins, ketchup & brown  
sauce sachets

Delivered warm- heating instructions supplied  
Minimum 15 guests | Total: £103.50 inc VAT

## HOT BREAKFAST

### BREAKFAST BURRITOS

£6.75 pp +VAT

Bacon, egg & cheese  
Pork Sausage, egg & cheese  
Veggie sausage, egg & cheese

Delivered warm- heating instructions supplied

Minimum numbers apply per choice

# BUILD YOUR OWN BREAKFAST

Freshly prepared breakfast options delivered across Cardiff

**£100 MINIMUM ORDER**

## MORNING DANISH SELECTION

(12 Pieces) An assortment of freshly baked glazed Danish pastries

**£30.00 +VAT**

**PAIN AU CHOCOLATE** 12 freshly baked pain au chocolat with rich chocolate filling

**£30.00 +VAT**

**CROISSANT MEAT SELECTION** 12 croissants filled with ham & cheese

**£35.00 +VAT**

## CROISSANT SELECTION

A selection of 12 freshly baked croissants: ham & cheese, cheese & tomato, and smoked salmon & cream cheese (4 of each)

**£45.00 +VAT**

## HOMEMADE MUFFINS

CHOCOLATE CHIP, BLUEBERRY OR LEMON & POPPY SEED

**£2.95 +VAT**

MINIMUM OF 12 EACH TYPE

# BUILD YOUR OWN BREAKFAST

Freshly prepared breakfast options delivered across Cardiff

**£100 MINIMUM ORDER**

## **BIRCHER MUESLI POTS**

Homemade bircher muesli with oats, apple, and seasonal fruit (Minimum 8)

**£4.25 +VAT**

## **GRANOLA & YOGURT POTS**

Greek yogurt layered with crunchy granola and fruit compote (Minimum 8)

**£4.25 +VAT**

## **FRUIT POTS**

Fresh seasonal fruit salad (Minimum 8)

**£2.75 +VAT**

## **FRESH FRUIT PLATTER**

Fresh seasonal fruit selection, ready to share (serves 8-10)

**£19.95 +VAT**

## **JUICE BOTTLES**

Apple or Orange (250ml bottles)

**£2.75 +VAT**



# **SANDWICH LUNCHES**

**A combination of sandwiches, wraps, finger buffet, cakes & fruit  
- fresh and homemade for fuelling your meetings & events**

# CROWD PLEASING PLATTERS



Our platters are offered across three ranges – Crowd Pleaser, Glow Up and Standout – making it easy to choose the right level for your occasion.

Each platter works well as a stand-alone option or can be combined with crisps, savouries, fruit or baked treats to create a simple buffet for sharing.

**SHORT  
NOTICE  
FRIENDLY**

## THE CROWD PLEASER

- Chicken mayo
- Ham & cheddar
- Cheddar & tomato



24 pieces | serves approx. 4–6  
**£22.50 +VAT**

## VEGGIE CROWD PLEASER

- Cheddar & tomato
- Egg mayo
- Hummus & roasted vegetables

24 pieces | serves approx. 4–6  
**£22.50 +VAT**

## VEGAN CROWD PLEASER

- Avocado, Roasted Tomato & Spinach with Sweet Chilli
- Falafel & hummus

24 pieces | serves approx. 4–6  
**£22.50 +VAT**

## HALAL CROWD PLEASER

Classic halal-friendly sandwich fillings.

- Chicken mayo
- Tuna & sweetcorn
- Cheese & tomato

24 pieces | serves approx. 4–6  
**£22.50 +VAT**



# SANDWICH PLATTERS

Our Glow-Up & Standout Platters feature fresh, flavour-led fillings created to offer something a little different.

These platters require additional preparation time and must be ordered in advance. Designed for sharing, they are best suited to groups without specific dietary requirements

## GLOW UP

- Pesto chicken & mixed leaves
- Chicken & bacon mayo
- Mozzarella, tomato & pesto
- Chipotle egg smash

32 pieces | serves approx. 6-8

**£32.00 +VAT**

## GLOW UP (B)

- Chicken & bacon mayo
- Ham, cheddar & mustard mayo
- Tuna sweetcorn & mixed leaves
- Mozzarella, tomato & pesto



32 pieces | serves approx. 6-8

**£32.00 +VAT**

## THE STANDOUT

- Chipotle chicken, cheddar & slaw
- Chicken shawarma, pickled cabbage & garlic mayo
- Tuna, sweetcorn & chipotle mayo
- Ham, cheddar & honey mustard
- Spiced chickpea smash, roasted pepper & herbed mayo

48 pieces | serves approx. 10-12

**£54.00 +VAT**

## THE STANDOUT (B)

- Buttermilk chicken, lemon mayo & slaw
- Pastrami, pickles & mustard mayo
- Ham, mozzarella & pesto
- Harissa chicken, roasted red pepper & yoghurt dressing
- Falafel, amba sauce & pickled cabbage

48 pieces | serves approx. 10-12

**£54.00 +VAT**



# WRAP PLATTERS

Wrap platters are freshly prepared using soft tortilla wraps, generously filled and sliced for sharing. They work well as a stand-alone option or as part of a larger buffet when paired with crisps, savouries, fruit or baked treats.

## CARDIFF CENTRAL SELECTION (MIXED)

Chicken mayo • Ham & mature cheddar • Falafel & hummus

32 pieces £26.00 + VAT

## CANTON WRAP SELECTION (CHICKEN)

Chicken pesto • Chicken Caesar • Chicken tikka

32 pieces £26.00 + VAT

## PONTCANNA WRAP SELECTION (VEGGIE)

Brie & cranberry • Cheddar & slaw • Falafel & hummus

32 pieces £26.00 + VAT

## THE BAY WRAP SELECTION (VEGAN)

Falafel & hummus • Onion bhaji & mango • Veggie bean smash

32 pieces £32.00 + VAT

## SOPHIA GARDENS WRAP SELECTION (MIXED)

Crispy chicken & slaw • Chicken shawarma •  
Brie & cranberry • Falafel & mango chutney

32 pieces £32.00 + VAT



# ADD-ONS & BUFFET EXTRAS

Welsh Specialities & Buffet Savouries



## SALAD BOXES

### CLASSIC HOUSE SALAD

SERVES 8-10 — £16.95 + VAT

### PARC DELI SLAW BOWL

SERVES 8-10 — £14.95 + VAT

### PASTA PESTO SALAD

SERVES 8-10 — £18.95 + VAT

## BUFFET SAVOURIES

### SAUSAGE ROLL BOX

Pork or cheese & onion

20 pieces **£17.95 + VAT**

### MINI MEAT PIE SELECTION

Steak & ale and chicken & tarragon

24 pieces **£32.95 + VAT**

### SOUTHERN FRIED CHICKEN GOUJONS

Crispy coated chicken strips.

20 pieces **£20.95 + VAT**

### INDIAN SNACK BOX

15 vegetable samosas 15 onion bhaji

30 pieces **£26.95 + VAT**

Perfect for enhancing any buffet or catering order

All prices exclude VAT unless otherwise stated • Minimum order quantities apply

# ADD-ONS & BUFFET EXTRAS



Enhance your catering order with sweet, fruit and savoury platters — ideal for building a larger buffet or adding variety to your selection

## SWEET PLATTERS

### MIXED BAKED TREAT PLATTER

An indulgent selection of freshly baked treats perfect for any occasion

Serves 8-10 **£19.95 +VAT**

Serves 15-20 **£34.95 +VAT**

### CHOCOLATE BROWNIES BITE BOX

Rich, fudgy brownies cut into perfect bite-sized pieces

24 Pieces **£19.95 +VAT**

### ASSORTED COOKIE BOX

A delightful variety of freshly baked cookies to satisfy every sweet tooth

20 Cookies **£19.95 +VAT**

## FRUIT OPTIONS

### WHOLE FRUIT PLATTER

A vibrant selection of seasonal whole fruits, beautifully presented

Serves 8-10 **£19.95 +VAT**

Serves 15-20 **£36.95 +VAT**

### FRUIT POTS

Individual portions of fresh fruit, perfect for grab-and-go convenience

Minimum Order 8 guests **£2.75 +VAT**

### WELSH SPECIALITIES BOX

20 Welshcakes & 10 slices Bara Brith

**£22.95 + VAT**

Perfect for enhancing any buffet or catering order  
All prices exclude VAT unless otherwise stated • Minimum order quantities apply

# WORKING LUNCHES

Our Working Lunch menus feature freshly prepared deli sandwich platters, made daily in our kitchen using the finest ingredients.

This minimum excludes any special dietary requirements, as these are provided in individual lunch bags from our dietary range to ensure the correct presentation and food safety.



## WORKING LUNCH 1 – THE CLASSIC DELI LUNCH

**Sandwiches/Wraps: 4 quarters per person (50% Meat/Fish 50% veggie)**

Ham & Cheddar • Tuna Mayo & Cucumber • Falafel & Hummus • Cheddar Salad

1 individual crisp bag per person

1 baked treat per person.

Minimum order 8 guests    **£7.85 per person + VAT**

**SHORT  
NOTICE  
FRIENDLY**

## WORKING LUNCH 2 – THE VEGGIE LUNCH

**Sandwiches/Wraps: 4 quarters per person (100% veggie)**

Cheddar Salad • Falafel & Hummus • Egg Mayo & Cucumber • Brie & Cranberry

**Savoury selection**

1 x onion bhaji and 1 x vegetable samosa per person

**1 Baked treat per person**

Minimum order 8 guests    **£9.25 per person + VAT**

**SHORT  
NOTICE  
FRIENDLY**

# WORKING LUNCH 3 – THE ORIGINAL CROWD PLEASER

**A popular choice for team lunches and larger meetings.**

**Designed to suit mixed groups, this buffet combines familiar sandwich fillings with a generous savoury selection, making it an easy and reliable option for shared lunches.**



## **Sandwiches/Wraps: 4 quarters per person (50% meat/fish, 50% veggie)**

Meat/Fish: Chicken mayo • Ham & Cheddar

Veggie: Egg mayo • Cheddar salad

## **Savoury selection:**

2 x crispy southern fried chicken goujons

2x pork sausage rolls

1 x vegetable samosas

1 x onion bhajis

## **Baked treats platter**

Minimum order 10 guests    **£10.95 per person + VAT**



# A BUFFET FOR EVERYONE

Ideal for busy offices and group meetings, this buffet brings together classic sandwich fillings and satisfying savouries in one simple package.

Designed to be shared, it's a practical and inclusive option that suits a wide range of guests.

This menu is designed to suit halal and no-pork dietary requirements. Our chicken is sourced from halal-certified suppliers.

Individual lunch bags are available for additional dietary needs.

## THE HALAL-FRIENDLY FEAST

**Ideal for halal and no-pork dietary requirements**

**Sandwiches/Wraps: 4 quarters per person (50% meat/fish, 50% veggie)**

Meat/Fish: Chicken mayo • Tuna mayo

Veggie: Egg mayo • Cheddar salad

### **Savoury Selection:**

2 x crispy southern fried chicken goujons (halal-friendly)

1 x vegetarian sausage roll

1 x onion bhaji

### **Baked treats platter**

Minimum order 10 guests    **£10.95 per person + VAT**



# INDIVIDUAL LUNCH BAGS

Simple, tasty, and ready to go – our lunch bags are the perfect budget-friendly option for meetings, training days, or team events.

Available in meaty, veggie, vegan, halal, and gluten-free options – freshly made and packed for convenience.

## SANDWICH FILLINGS

- Chicken mayo with mixed leaves
- Chicken & bacon mayo
- Ham & cheddar cheese
- Ham salad
- Chicken tikka
- Chicken Caesar
- Tuna & sweetcorn
- BLT
- Falafel & mango (VE)
- Cheddar salad (V)
- Egg mayo & Cucumber (V)
- Falafel & hummus (V)

## DELI LUNCH BAG

£7.95+VAT

Filled wrap or sandwich with a choice of meat or tuna filling, pork sausage roll, crisps, and a sweet treat.

## VEGGIE LUNCH BAG

£7.95+VAT

Filled wrap or sandwich, veggie sausage roll, crisps, and a sweet treat.

## VEGAN LUNCH BAG

£8.95+VAT

A delicious vegan wrap or sandwich with a plant-based sausage roll, crisps, and a sweet treat.

## GLUTEN FREE LUNCH BAG

£8.95+VAT

Gluten-free sandwich, savoury snack, crisps, and a sweet treat

## HALAL LUNCH BAG

£7.95 +VAT

Includes: Halal meat-filled wrap or sandwich, veggie sausage roll, crisps, and a sweet treat.

## LUNCH BAG ORDERING & FILLING GUIDE

Up to 8 lunch bags: one filling choice

9–14 lunch bags: up to two filling choices

15–24 lunch bags: up to three filling choices

25+ lunch bags: a wider selection available on request

**\*Minimum order: 8 lunch bags per type.**

Vegan and Gluten-Free Lunch Bags are available from a minimum of 1.

We'll be happy to help create a balanced mix of fillings to suit your group.

# SIGNATURE BUFFET

Our Signature buffet is designed for hosted meetings, client lunches and special occasions.

Featuring a balance of deli sandwiches, premium savouries and fresh sides, it's ideal when you're looking to offer something a little more generous and considered.

A second Signature version can be created on request using alternative savoury options.



## PARC DELI SIGNATURE

A premium sharing buffet featuring a selection of our signature deli fillings and handcrafted savouries.

### Deli sandwich platter featuring:

Chipotle chicken, cheddar & slaw

Chicken shawarma, pickled cabbage & garlic mayo

Brie & cranberry

Onion Bhaji & mango

### Served with a savoury selection of:

Mini meat pie selection

Chicken skewers

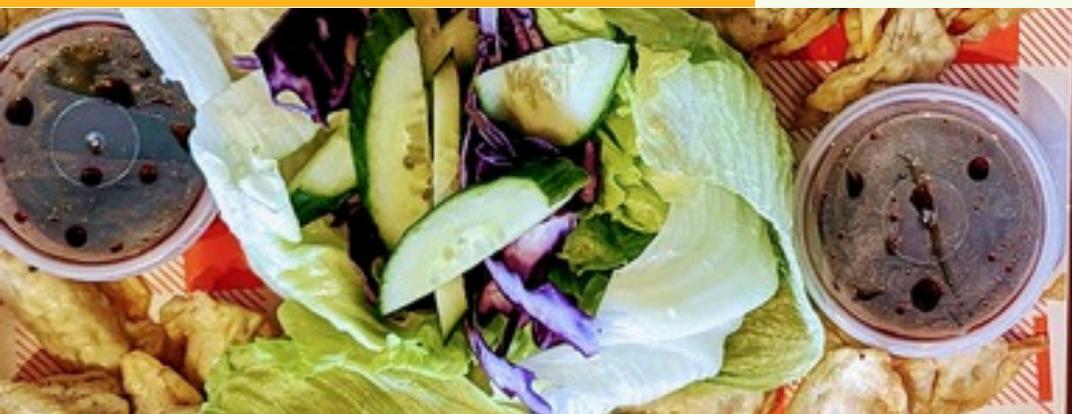
Falafel with hummus

Savoury cheddar scones filled with cream cheese & chives

Accompanied by a salad bowl of the day.

Finished with a baked treats platter

Minimum order 15 guests    £16.50 per person + VAT



# WELSH FEAST

£14.95 PER PERSON + VAT

Minimum order 12 guests

## WELSH SANDWICH PLATTER

### LAMB & MINT

Tender lamb with mint mayo, cucumber and mixed leaves

### RED DRAGON CHICKEN

Chicken with harissa mayo, roasted red peppers and mixed leaves

### WELSH CHEDDAR PLOUGHMAN'S V

Mature Welsh cheddar, pickle and mixed leaves

### GLAMORGAN SAUSAGE & CHUTNEY V

Traditional Welsh veggie sausage with chutney and mixed leaves

## WELSH TREATS

WELSH CAKES & BARA BRITH

## SAVOURY SELECTION

CHEESE & LEEK QUICHE

LAVERBREAD & BACON BITES

WELSH DRAGON SAUSAGE ROLLS

WELSH RAREBIT BITES

WHAT'S INCLUDED PER PERSON: 4 SANDWICH QUARTERS, 1 OF EACH SAVOURY ITEM, WELSH CAKES & BARA BRITH





## ASIAN FUSION PLATTER

### Asian wrap platter featuring:

- Korean BBQ crispy chicken
- Teriyaki chicken
- Cucumber, carrot & hoisin (vegan)
- Teriyaki plant protein (vegan)

### Served with a savoury selection of:

- Yakitori chicken skewers,
- Vegetable spring rolls & sweet chilli dip
- chicken gyoza and vegetable gyoza
- Asian slaw bowl

Minimum order 12 guests  
**£13.95 per person + VAT**



## INDIAN PLATTER

### Indian wrap platter featuring:

- Chicken tikka & mint yoghurt
- Honey chilli chicken
- Onion bhaji & mango chutney
- Tamarind chickpea – Spiced chickpeas & tamarind (vegan)

### Served with a savoury selection of:

- Indian-style chicken skewers,
- Meat samosas,
- Vegetable samosas
- Onion bhajis,
- Fresh fruit pots

Minimum order 12 guests  
**£13.95 per person + VAT**



## MEDITERRANEAN PLATTER

### Mediterranean platter featuring:

- Tuna Niçoise
- Chicken Caesar
- Falafel & Hummus (vegan)
- Greek Salad & Hummus (vegetarian)

### Served with a savoury selection of:

- Greek salad
- Falafel bites & hummus,
- Crudités & dips
- Fresh fruit pots.

Minimum order 12 guests  
**£13.95 per person + VAT**

# JACKET POTATOES

Fillings are prepared in proportion to guest numbers and selected menu choices.

Quantities are designed to provide a balanced buffet offering rather than equal portions of each filling.

Delivered ready to serve in buffet trays, designed for self-service.

## Filling selection:

**10–14 guests – choose 3 fillings**

**15+ guests – choose 4 fillings**

**(Maximum 4 fillings per order.**

**Minimum one vegetarian filling required.)**

## THE JACKET POTATO BAR

Freshly baked jacket potatoes served as a simple, build-your-own buffet..

### Each guest receives:

- One large freshly baked jacket potato
- Butter portions
- Grated cheddar
- Coleslaw

### Choice of fillings:

Chilli con carne

Three bean chilli (v)

Chicken tikka

Tuna & sweetcorn mayo

Coronation chicken

Baked beans (v)

Minimum order 15 guests    **£10.95 per person + VAT**



# HOT CHILLI BUFFET

Food is delivered hot in disposable sharing bowls and containers, ready for immediate consumption.

## Optional Add-On

Biodegradable plates, napkins, cutlery AND disposable wooden serving spoons: £1.50 per person

(Without this add-on, you'll need to provide your own plates and serving utensils)

**72 hours notice required for all hot buffets**

## CLASSIC CHILLI

Freshly made & delivered hot to your door

### Each guest receives:

- ✓ Homemade Beef Chilli Con Carne
- ✓ Basmati Rice
- ✓ Tortilla Chips (sharing bowl)
- ✓ Grated Cheddar (sharing bowl)
- ✓ Sour Cream (sharing bowl)

15-20 guests (One main dish served)

**£14.95 per person + VAT**

21+ guests (Beef Chilli & veggie chilli served)

**£14.95 per person + VAT**

### VEGETARIAN OPTION:

Replace beef chilli with Three Bean Chilli



# HOT CURRY BUFFET

Food is delivered hot in disposable sharing bowls and containers, ready for immediate consumption.

## Optional Add-On

Biodegradable plates, napkins, cutlery AND disposable wooden serving spoons: £1.50 per person

(Without this add-on, you'll need to provide your own plates and serving utensils)

**72 hours notice required for all hot buffets**

## PARC DELI CURRY FEAST

**Freshly made & delivered hot to your door**

### WHAT YOU GET:

Both curries served:

- Parc Deli Chicken Curry (our signature creamy, aromatic curry)
- Creamy Lentil Dhal (V) (yellow lentils, turmeric, ginger & garlic)

### Plus:

- ✓ Pilau Rice
- ✓ Naan Bread (1 per person )
- ✓ Mango Chutney & Cucumber Raita (sharing bowls)
- ✓ Poppadoms (Sharing bowls)

15+ guests (Chicken Curry & Dhal Served)

**£17.95 per person + VAT**

